

Camellias Illawarra

An Affiliate of Camellias Australia Inc

www.camelliasillawarra.org.au

NEWSLETTER - November 2015



Next meeting 21 November 2015

Christmas Lunch

Bulli Workers Club

12 noon for 12.30pm

Enjoy the fun

of the

"Christmas Quiz"



Camellia of the Month

Yuletide. (*C.x vernalis*), Nuccio's Nurseries Catalogue, 1963: Brilliant orange red single with yellow stamens. Dekker, 1965, *American Camellia Yearbook*, p.61: A Hiriyû seedling. A bushy, upright shrub with small, very dark green leaves and small, brilliant red flowers. A 5 year old chance seedling that first bloomed 1959. Plant growth is upright, dense and medium. Leaves 4.5 cm x 2.5 cm. The flower has golden anthers, is 7.5 cm across with 5-7 petals and is early blooming. Originated by Nuccio's Nurseries, Altadena, California, USA.

*Merry Christmas and Happy New Year
to all Our Members
and
Camellia Friends*



CAMELLIAS ILLAWARRA INC COMMITTEE

President: Mr William Walker walker38@optusnet.com.au 42842790
29 East St, Russell Vale. NSW 2517
V. President: Mr Don Dewhurst dandddewhurst@bigpond.com 98209912
7 Moselle Place, Eschol Park. NSW 2558
Secretary: TBA
Minute Secretary: Mrs Jean Groves
4 Lang Street, Balgownie NSW 2519
Treasurer & Membership Secretary: Mrs Elaine Faulks 42728552
Unit 44 Evan's Court Farmborough Grove Villiage
Unanderra NSW 2526
Assistant Treasurer: Mrs Chris Fernandez kdezfam@bigpond.com
257 Mt Keira Road, Mt Keira NSW 2500
Committee: Mr Alan McGovern, Mrs Elizabeth Martin, Mrs Sandra Reiman
Mrs Tina Hamer, Mrs Debby Dewhurst
Editor: Mr Kevin Reiman 23 Robyn Road Albion Park Rail NSW 2175
Show Co-ordinator: TBA

PRESIDENT'S MESSAGE NOVEMBER 2015.

May I begin my message this month by wishing our readers everywhere a most joyous Christmas and a happy New Year.

At present, as I prepare this message here in the Illawarra we are experiencing our fourth day of light misty rain and the forecasters predict that it might continue for a few more days. I'm very surprised considering that we are experiencing an El Nino weather pattern that should produce very little rain. The garden underneath recently pruned camellias has been overgrown with weeds and that makes me appreciate what a little sun can do.

Our activities for the year 2015 are almost at an end, with only the Christmas Luncheon the only event remaining on our calendar. If you intent coming to the Luncheon and still haven't given me notice of your intention, could you please do so very soon as I need to inform the caterers at The Bulli Workers' Club, of a very close approximation as to how many guest will be arriving .

Our Membership fees have been payable from the August Meeting and if overlooked, it will be appreciated if you settle your account with our newly elected Treasurer Mrs Elaine Faulks as soon as is possible please. Elaine's address appears above, on this page. (cont. page 4.)

(cont. from page 3.)

A tear-off slip is printed on another page of this Newsletter and we ask that you use it when paying your subscription please. Subscription fees are the same as in 2014/15: \$24 Family and \$20 Single

Kevin Reiman and I have grafted some camellia reticulatas for purchase by our members. They are priced at \$15 each and you can give your order to Kevin or myself whenever you want. We have been able to keep the price at a reasonable level because of the generosity of Bill Parker (camellias R us) who has supplied us with root stock. Please don't leave it too late in placing your order as plants remaining unsold will be placed on the Trading Table at the Reticulata Show for sale to those people who come to the show, (other than members) with the intention of buying Camellia reticulatas.

We are still in need of someone who will be prepared to take up the position of Secretary of Camellias Illawarra Incorporated. I realise it is a most important and busy role in our society, but I feel that we need to fill the position so that we can continue to function as we should. Kevin Reiman will only be too happy to show you what will be required of anyone who will be prepared to accept this most important position. I will be most pleased if someone will offer some of their time to the society's needs for the year 2016.

If you are not well may I offer you my hope that you will be restored to health and strength very soon.

I am coping well with my chemotherapy treatment for Non Hodgkin's Lymphoma. Chemotherapy is usually given in several cycles (or courses) with a rest period of a few weeks in between each cycle. This is to allow the body to recover from the side-effects of chemotherapy. A typical chemotherapy regime for lymphoma involves six to eight cycles of a combination of drugs, given every 2 or 3 weeks over a period of several months. I will soon begin my fourth cycle of therapy, usually treated on Wednesday and Friday every three weeks. My next treatment session will be on the Wednesday and Friday before our Christmas Luncheon on Saturday, 21st November, and I hope that I will be well enough to attend on that most enjoyable occasion. I look forward to the possibility of meeting all who come to the Christmas Luncheon at The Bulli Workers' Club on Saturday \November 21st.

WW.

Minutes of Monthly Meeting held at
Coniston Community Centre 17 October 2015

Meeting Opened: 2pm by President William Walker

Present: 29 members

Apologies: Bernie & Clarissa Wilkes, Tina Hamer, Charles & Helen Cowell, Ron & Kerrie Hewitt, Pat Bowyer, Janice Walker, Alan McGovern, Graeme Oke, Robyn Bryce, Marlene Muller, Stan Heath, Marion Francis and Lyn Brown

Sick members report: Jan Walker still in a lot of pain but receiving support

Birthdays: William offered best wishes to those members having birthdays this month.

Minutes of Last Meeting: Confirmed on a motion by Lola Flanagan and seconded by Jean Groves and carried

Business Arising:

Neutrog – The delivery was held up because they needed 2 weeks and we only gave them 10 days. Also they were short some of the most ordered items and we told them to delay the order until they could fill it all - so pick up is today

Christmas party – William has made the booking at Bulli workers Club. We usually meet at 12 for 12.30 pm lunch. \$25 per head and same as last year it will be cash on the day. Names of those planning to attend to be put on list.

Treasurer's Report: Presented
Newsletter from St George Sutherland

General Business:

Orders taken for Camellias Australia calendar

Orders taken for George Orel's book

Jim's Problem Corner: Problems presented were about burnt and wilting partson new camellias leaves due to hot weather, root rot in potted camellias, when to prune camellias and pruning standard roses

Raffle: donated by Bill Parker. Higo, Fuji-no-yuki won by Lorraine Heath

Meeting Closed: at 2.20pm and was followed by AGM

This article appeared in the Wednesday edition of THE ADVERTISER, a free weekly newspaper printed and distributed in the Illawarra by Illawarra Newspaper holdings.

It was printed in The Advertiser on Wednesday, April 15, 2005 and I sought and was given permission to reprint the article in our Newsletter.

A SPECIAL

options 55 and over

ADVERTISING

FEATURE

Have a cup of tea

There's nothing more refreshing than a cup of tea even on a hot day, while on a cold day it's warming too.

There are many kinds of tea being offered in supermarkets and dedicated tea shops so customers are now spoilt for choice. Some teas are healthier than others so you should know which teas you can drink in moderation.

White tea, green tea, yellow tea, black tea and oolong tea all come from the same plant *camellia sinensis*.

"The type of tea produced from this plant depends entirely on the way the leaves are processed after harvesting," a tea spokesperson said.

"Different processing methods give tea leaves from the same plant their own distinct colour and flavour."

While the popular and widely drunk black tea is one of the most highly caffeinated varieties of tea, with about 40 milligrams of caffeine per cup, it also contains antioxidants that have been linked to lower cholesterol levels.

(cont. on page 7.)

Have a cup of tea

(cont. from page 6.)

Black tea contains its own ‘super chemical’, which seems to work as a blood thinner the same way aspirin does to reduce the risk of stroke.

Green tea has a different antioxidant that helps to prevent cancer and heart disease. The high concentration of a plant chemical acts as a plant clean-up task force to eliminate the free radicals that wreak havoc in the body.

White tea also contains antioxidants that may help fight cancer and cardiovascular disease.

“Oolong tea is like a hybrid of the previous older teas, as it has the second-highest caffeine level after black tea and the second-highest antioxidant levels after green tea,” the spokesperson said. “Like black and green tea, it may reduce clot formation and help lower cholesterol.”

There are many other teas that are made from different plant species. For example, the popular rooibos tea that doesn’t contain caffeine and is beneficial in soothing colic in infants among other benefits.

Chamomile tea is made from chamomile flowers and research shows that the antioxidants in chamomile tea may help stunt the growth of cancer cells and help prevent diabetes side effects such as loss of vision, nerve damage and kidney damage.

Much like other natural substances, certain components of tea can have harmful side effects so check with your GP if the tea contains comfrey, ephedra, willow bark, chaparral and germander.

Enjoy a fresh cup of tea today whether you like it black or white, with or without sugar, hot or cold.

During the many years of my time as Editor of CAMELLIAS ILLAWARRA INCORPORATED I have received many emails and other articles that I have considered for publication. Unfortunately, some have not been suitable, but I found this one recently and can't recall ever having published it.

It is headed 'Saving water' and was written by the late Gordon Payne, a foundation member of Camellias Illawarra. Gordon gave me several articles throughout the years and I reprint this one now for all members and readers everywhere.

SAVING WATER

By Gordon Payne.

Increased droughts, climate changes, global warming and other extreme weather conditions have caused crop failures and reduction of water in dams and rivers. This is known as the El Nino which has increased heating of ocean currents which is occurring more frequently and lasting longer. Water rationing in the past few years has now become the norm.

I read an article in a magazine reprinted from The Camellia Review, California U.S.A. March/April 1991, so similar conditions occur world-wide. The article advises how to save water. Something was missing from the article; The most important way gardeners can save their gardens is to MULCH.

Mulch can be made from any organic matter, rotted manure, compost, grass clippings, green waste, weeds, prunings, leaves, kitchen waste, shredded paper, bark, wood chips and peel but taking care not to add weed seeds, diseased plants and kikuyu runners etc.

The green waste should be dried out and the soil moist before laying down the mulch around the plants out past the drip line of the plants. Mulch absorbs water, prevents run-off and releases it to the soil. Mulch keeps the ground warm in winter and cool in summer, does not radiate heat as plastic and bare footpaths will do, protects the ground from erosion and run-off in storms and acts as a weed barriers. As the mulch rots, it forms compost, encourages worms and other useful soil organisms, adds nutrient to the soil, helps to bring the pH to neutral, aerates the soil and fixes nitrogen. (cont.

WARM MILK

In a convent in Ireland, the 98-year-old Mother Superior lay dying. The nuns gathered around her bed trying to make her last journey comfortable. They tried giving her warm milk but she refused it.

One of the nuns took the glass back to the kitchen, then, remembering a bottle of Irish Whiskey that had been received as a gift the previous Christmas, opened it and poured a generous amount into the warm milk.

Back at Mother Superior's bed, they held the glass to her lips. The frail nun drank a little, then a little more and before they knew it, she had finished the whole glass down to the last drop.

As her eyes brightened, the nuns thought it would be a good opportunity to have one last talk with their spiritual leader. "Mother," the nuns asked earnestly,

"Please give us some of your wisdom before you leave us." She raised herself up in bed in one elbow, looked at them and said:"

"DON'T SELL THAT COW!"

Fees for 2016

are due and payable by 31 December 2015

Payment can be made to the Membership Secretary Elaine Faulks at the Christmas party or by posting to her address as listed on page 3 of this newsletter.

Household membership \$24

Single membership \$20

Name..... Amount.....

For Better and Fresher Meat. Shop at
R. & F. ZIEMS Pty. Ltd.

FOR BULK ORDERS AND RAFFLE TRAYS
 330 Princes H'way, Corrimal NSW 2518



Telephone: 4284 4106

*For Personal Service
 and Good Advice*



WOONONA
 •petfood & produce•

Dennis Gamble

- Stock feeds
- Petfood & Accessories
- Fish & Aquarium Supplies
- Rural Fencing
- Fertilisers
- All produce Supplies

500 Princes H'wy Woonona 2517
 Telephone: **4284 3162**
 Facsimile: 4284 2031
www.woononapetfoods.com.au

John Cerniauskas
 Financial Adviser | Director

AFPA, FAFA, JP, ADFS

John Cerniauskas Pty Ltd
 T/A Investep Financial Solutions

Authorised Representatives of
 GWM Adviser Services Limited
 T/A Garvan Financial Planning

Australian Financial Services Licensee

Unit 3, Auburn Plaza
 36 - 42 Auburn Street
 Wollongong NSW 2500

PO Box 1726
 Wollongong NSW 2500

t (02) 4225 9393
 f (02) 4227 2199

advice@investep.com.au
www.investep.com.au

www.camelliasrus.com.au



✱ Specialist camellia grower ✱ Rare varieties
 ✱ Massive range available ✱ Delivery

- | | | |
|---------------|-------------|-------------|
| ✓ Japonicas | ✓ Sasanquas | ✓ Hybrids |
| ✓ Reticulatas | ✓ Higos | ✓ Species |
| | ✓ Topiaries | ✓ Espaliers |

**Your friendly
 camellia experts!**





Committee 2016

Back row: Chris Fernadez, Don Dewhurst, Sandra Reiman, William Walker
 Front Row: Elizabeth Martin, Elaine Faulks, Jean Groves, Debby Dewhurst
 Absent: Tina Hamer, Alan McGovern




Winner of the Presidents prize on the day
 Zigocactus (and friend) exhibited by Jean Groves

November 14,15 Albion Park Uniting Church “Floral Splendour”

November 21 Christmas Party, Bulli Workers Club. 12 for 12.30pm lunch

Keep your plants cool with Seamungus

- Reduces heat stress
- Retains 70% of its own weight in moisture
- Improves plant and root growth in dry conditions



NEUTROG
The Experts' Choice

SEA MUN GUS!
HEALTH TONIC FOR PLANTS

INCREASES RESISTANCE TO HEAT STRESS & FROST!

FISH, SEAWEED & HUMIC ACID!

IDEAL FOR PLANTING & YEAR ROUND IN THE GARDEN

NEUTROG
The Experts' Choice

Freecall 1800 65 66 44
www.neutrog.com.au

SOC 1015

Camellias Illawarra Incorporated respects the privacy of all of its members. No personal details of individual members will be used for any purpose other than that for which they are held, i.e. the operation of the organisation. No person's personal details will be provided to any other party without the express approval of that person.